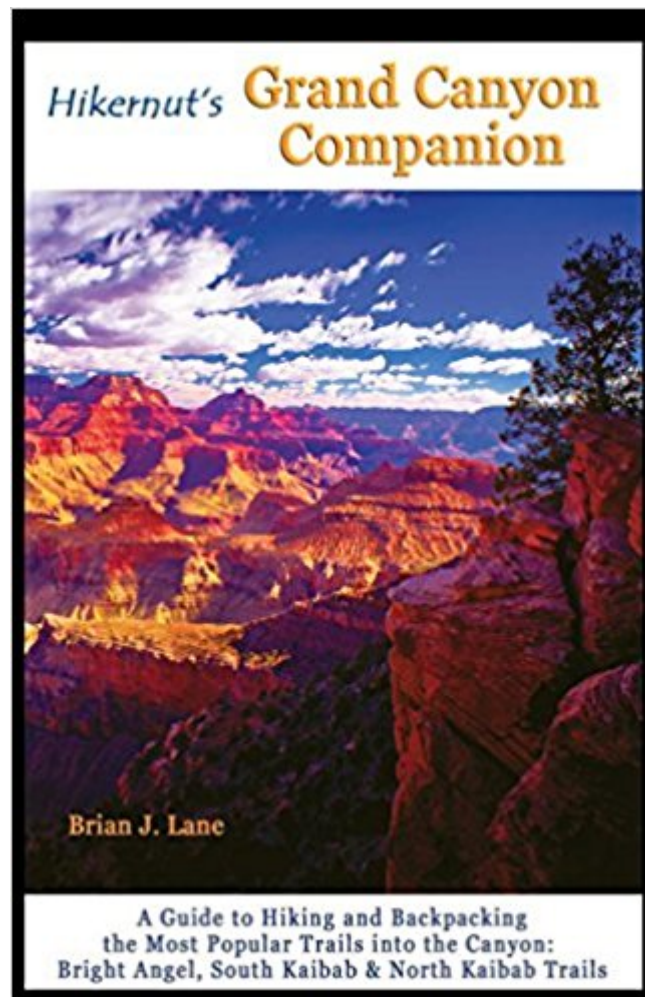


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# Hikernut's Grand Canyon Companion: A Guide To Hiking And Backpacking The Most Popular Trails Into The Canyon (Second Edition)



## Synopsis

Thinking about hiking into the Grand Canyon? If so, this book is for you. Covering the Central Corridor Trails (including Bright Angel, South Kaibab, and North Kaibab Trails), which provide spectacular views and are among the most popular routes, this guide has everything potential hikers need to safely navigate the canyon. Over 250 people are rescued from the Inner Canyon each year. Don't become a statistic read this book! Along with trail descriptions, a comprehensive gear list, rules and restrictions, hiking tips and trip planning ideas, award-winning author Brian J. Lane offers practical advice gleaned from over twenty years of hiking in and around the Grand Canyon and throughout the United States and Canada. Packed with beautiful full-color photos, illustrations, charts, tables and maps, this book is perfect for first time canyon explorers, and was chosen by the IBPA as a Benjamin Franklin Award Winning Finalist in 2008.

## Book Information

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## Customer Reviews

Lots of detail on hiking and backpacking basics that might be valuable to inexperienced backpackers. Overall the book only really covers the most popular trails: Bright Angel, south and north Kaibab, with a few day hikes. Good detail on these hikes, but if you have a desire to learn about any other trail, look elsewhere.

This guidebook serves as a good primer for hiking in the canyon and hiking/backpacking in general. It's a quick read and includes some very basic maps. The book will serve you well in preparing for a canyon hike. With that being said, be warned that if you are an experienced and well conditioned

hiker the approximate hiking times given in the book for completing the canyon hikes are much too long. I base that on my own personal experience on several of the trails. If you are new to hiking and or are poorly conditioned, then take the estimated hiking times seriously. And by all means regardless of your hiking experience please respect the canyon. It can humble you.

Even if you are unable to undertake such a strenuous adventure, it is definitely worth the read. The beautiful pictures and writings about the area give you a spectacular experience thru the eyes of someone who has made the journey many times. This book offers practical advice from his own experiences which will help prepare you for one of life's most memorable adventures. Not only does the author give detailed information about the terrain and weather along with a complete list of things to pack, he also gives you information about how to prepare your body and maintain it on the journey. He has been very diligent providing detailed information about problems you might encounter like blisters, dehydration, rock slides, lightning, etc. How to avoid other mishaps. Then he tells you what to do to if something does go wrong. It is all indexed for quick reference in the back of the book. The maps have detailed information so you can plan your hikes according to your fitness level and pretty much know exactly where you are in relation to rest areas, water, emergency phone, etc. This book really does cover everything you need to know (and be able to look up quickly) to have a memorable experience in the Grand Canyon.

I hiked down the South Kaibab and up Bright Angel Trail Sept 2014, using this book as my main source of information. It was an excellent and very reliable guide to the Canyon. The only thing I would add that the book does not mention, is that the trails that are used by mules can be very rutted and this causes the hike to be more challenging than a typical trail would be. Bright Angel was in much better condition than S Kaibab when we went. Before you hike, you might talk to the Park Rangers and ask when the last time the trail were groomed.

This thin, small book only offers information about the four most popular Grand Canyon trails. If you want to hike those few trails, this book does a solid job. But there are much more complete options out there. Falcon's Hiking The Grand Canyon National Park - A Guide to the Best Hiking Adventures on the North & South Rims offers a much more comprehensive look at the wonderful array of trails available in and around the Grand Canyon.

This book Hikernut's Canyon Lands Companion: A Guide to the Best Canyon Hikes in the American

Southwest is a Must Read for anyone wanting to hike the canyons in the Southwest. I found this guide to be an easy read and full of good information. The author has an amazing ability to depict the trails in such a way, you feel yourself right there while reading the book. I look forward to my next trip to the American Southwest.

Take it from one who has backpacked countless trails, literally following the foot steps of Mr. Lane, I have been into the Grand Canyon with Brian many times and I can assure anyone reading this book that his trail descriptions and his preparation techniques are to the "T". His attention to detail regarding mileage markers, trail descriptions, locations for water (or the lack thereof) are all very accurate. I would recommend this guide for anyone who is thinking about taking on the task of venturing into one of the most spectacular places I've ever seen, and even for the ones that have already done it and are going to do again, for Brian gives a perspective of the Canyon that no one else can.

I ordered my second one. The first, I lost on a hike out of the Grand Canyon, 30 May 2013. Very good on distance between locations as well as elevations. Trailhead locations, where to park, etc. For hiking the three main Grand Canyon trails you need very little in the way of directions to travel these well maintained trails. This book will give you water source locations, distances between points, trail junctions and canyon history. Well written. Updated 12 July 2013; I am disappointed because of the book construction. The cover unglued. Several pages came loose in the center as well. My original purchase, that found its way out of my backpack along the canyon trail was excellent, this one unfortunately is not manufactured with the same quality. I paid to have spiral binders installed so pages would not be lost, my expense, six dollars a book at Staples. Not something I wish on you.

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